Erasmus+

ŞCOALA GIMNAZIALĂ ROŞIORII DE VEDE TELEORMAN
ZAHARIA STANCU

mus+ Co-funded by the European Solidarity Corps of the European Union



Activities and games for children with special needs

Secondary School „Zaharia Stancu"

2023

Authors:

Stăvărache Gina

Popescu Ioana

Ţivlea Loreta

Desculţu Adriana





1. Make some art!

For children with :Autism Spectrum Disorders, Learning Disability, Down Syndrome

The game is good for improve the child's self-confidence because creating something on her own. Painting with cut vegetables and fruits is easy, and soon, your child will be beaming at the masterpiece she has created.

2. Dance !

For children with :Autism Spectrum Disorders, Learning Disability, Down Syndrome

Dancing is great for self-expression and for keeping your child's body in shape. And all that tapping, stomping and twirling are so much fun. Even for children who are wheelchair-bound, dancing can help in flexibility and improve upper body strength. When you incorporate music into it, your child's brain gets a boost of endorphins, the feel-good hormones, which will relax her. Also, by involving in a dance session with friends and family, your child can hone her social skills.



3. Go on a treasure hunt!

For children with :Autism Spectrum Disorders, Learning Disability, Down Syndrome

Hide your child's favorite toys or items in places where it is safe for him to access. You can give him either verbal clues or visual clues such as a drawing on a piece of paper. Don't forget to treat him with his favorite cookies once he is able to find the hidden object. This fun indoor activity will help to develop your child's focus and concentration, and keep him engaged while indoors.








4. Create a sensory tub!

For children with :Autism Spectrum Disorders, Learning Disability, Down Syndrome



Processing sensory information can be a challenge for children with Autism Spectrum Disorders or other developmental delays. A sensory bin can come in handy to integrate your child's senses and improve his attention. Take a big, shallow tub and add household items like rice, lentils or flour. You can also add food colour to make it interesting. Let your child scoop, pour, measure, etc., and have a blast.

5.Create jewellery with tasty snacks!



For children with :Autism Spectrum Disorders, Learning Disability, Down Syndrome



Making edible jewellery is one fun activity that your child is bound to enjoy. Help your child string items like ring-shaped breakfast cereals, candies, crispies and tiny biscuits to make some stylish and yummy jewellery. Knot both the ends and adorn your child with the necklace before she can start munching on it. Threading small items with holes will help improve your child's fine motor skills.

7. Make toys from recycled materials!

For children with :Autism Spectrum Disorders, Learning Disability, Down Syndrome

By carrying out this activity, children develop practical skills for making a toy, develop their imagination and logical thinking in combining raw materials to obtain an aesthetic work. Making a toy from recycled materials can be a fun sensory activity for children with special needs. For this activity, you will need plastic bottles, cardboard, pieces of fabric, thread, glitter, watercolors. First determine what kind of toy he wants. Then keep combining the materials until you get the fitted toy.. Let the child play with the new toy.



DISCLAIMER

FUNDED BY THE EUROPEAN UNION. VIEWS AND OPINIONS EXPRESSED ARE HOWEVER THOSE OF THE AUTHOR(S) ONLY AND DO NOT NECESSARILY REFLECT THOSE OF THE EUROPEAN UNION OR THE EUROPEAN EDUCATION AND CULTURE EXECUTIVE AGENCY (EACEA). NEITHER THE EUROPEAN UNION NOR EACEA CAN BE HELD RESPONSIBLE FOR THEM.